Arthritis Exercise

warm pool schedule

Pool schedule subject to change as needed.

August 1 - 27, 2021



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>POOL HOURS:</i> 9:00 am - 2:30 pm	POOL HOURS: 7:30 - 11:30 am + 3:00 - 7:00 pm	<i>POOL HOURS:</i> 7:30 - 11:30 am + 3:00 - 7:00 pm	POOL HOURS: 7:30 - 11:30 am + 3:00 - 7:00 pm	POOL HOURS: 7:30 - 11:30 am + 3:00 - 7:00 pm	POOL HOURS: 7:30 - 11:30 am + 3:00 - 7:00 pm	
<i>Open Swim</i> 9:00 - 10:00 am 10:15 am - 12:00 pm 12:15 - 1:15 pm <i>Adult Only +</i> <i>Private Lessons</i> 1:15 - 2:30 pm	Adult Only, No Youth Lessons 7:30 - 9:00 am Arthritis Exercise* 9:00 - 10:00 am Open Swim 10:15 - 11:30 am 5:30 - 7:00 pm Adult Only + Private Lessons 3:00 - 5:15 pm	Adult Only, No Youth Lessons 7:30 - 10:00 am Open Swim 10:15 - 11:30 am 3:00 - 5:15 pm Adult Only + Private Lessons 5:30 - 7:00 pm	Adult Only, No Youth Lessons 7:30 - 9:00 am Arthritis Exercise* 9:00 - 10:00 am Open Swim 10:15 - 11:30 am 5:30 - 7:00 pm Adult Only + Private Lessons 3:00 - 5:15 pm	Adult Only, No Youth Lessons 7:30 - 10:00 am Open Swim 10:15 - 11:30 am 3:00 - 5:15 pm Adult Only + Private Lessons 5:30 - 7:00 pm	Adult Only, No Youth Lessons 7:30 - 9:00 am Arthritis Exercise* 9:00 - 10:00 am Open Swim 10:15 - 11:30 am 4:15 - 5:00 pm 5:15 - 7:00 pm Adult Only + Private Lessons 3:00 - 4:15 pm	
Key: • Open Swim • Adult Only + Private Lessons				 During times when no activity is listed on the schedule, the pool is closed. Members must be off the pool deck, but may remain in the locker rooms. *No Arthritis Exercise 8/2, and 8/9-8/13. Pool will be open 		
Adult Only, No Youth Lessons				for adults only during that time.		

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