## warm pool schedule

## Free to Members October 2 - 8, 2022

the locker rooms.

Pool schedule subject to change as needed.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>POOL HOURS:</b> 9:00 am - 5:30 pm	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 7:30 am - 4:00 pm	POOL HOURS: Closed for Yom Kippur	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 9:00 am - 5:30 pm
	<b>7:30 - 9:00 am</b> Adult Only. No Youth Lessons	<b>7:30 - 8:05 am</b> Adult Only. No Youth Lessons		<b>7:30 - 8:05 am</b> Adult Only. No Youth Lessons	<b>7:30 - 9:00 am</b> Adult Only. No Youth Lessons	
		8:05 am - 9:00 am Ai Chi		8:05 am - 9:00 am Ai Chi		9:00 - 10:00 am
<b>9:00 - 10:00 am</b> Open Swim	9:00 - 10:00 am Arthritis Exercise	<b>9:00 - 10:00 am</b> Adult Only.		<b>9:00 - 10:00 am</b> Adult Only.	9:00 - 10:00 am Arthritis Exercise	Adult Only + Private Lessons*
10:00 - 10:15 - closed	10:00 - 10:15 - closed	10:00 - 10:15 - closed		10:00 - 10:15 - closed	10:00 - 10:15 - closed	10:00 - 10:15 - closed
10:15 am - 12:00 pm Adult Only + Private Lessons*	10:15 - 11:00 am Adult Only + Private Lessons*	<b>10:15 - 11:15 am</b> Aqua Yoga		<b>10:15 - 11:15 am</b> Aqua Yoga	10:15 - 11:00 am Adult Only + Private Lessons*	<b>10:15 am - 12:00 pm</b> Open Swim
FIIVate Lessons		<b>11:15 am - 12:00 pm</b> Open Swim		44.45 42.00		
	<b>11:00 am - 12:00 pm</b> Open Swim	Open Swim		<b>11:15 am - 12:00 pm</b> Open Swim	<b>11:00 am - 12:00 pm</b> Open Swim	
12:00 - 12:15 - closed	······ 12:00 - 12:15 - closed ······	12:00 - 12:15 - closed		12:00 - 12:15 - closed	12:00 - 12:15 - closed	12:00 - 12:15 - closed
<b>12:15 - 2:00 pm</b> Open Swim	12:15 - 2:00 pm Adult Only + Private Lessons*	12:15 - 2:00 pm Adult Only + Private Lessons*		12:15 - 2:00 pm Adult Only + Private Lessons*	12:15 - 2:00 pm Adult Only + Private Lessons*	<b>12:15 - 2:00 pm</b> Open Swim
2:00 - 2:15 - closed	2:00 - 2:15 - closed	2:00 - 2:15 - closed		2:00 - 2:15 - closed	2:00 - 2:15 - closed	2:00 - 2:15 - closed
<b>2:15 - 4:00 pm</b> Open Swim	<b>2:15 - 3:45 pm</b> Open Swim	<b>2:15 - 4:00 pm</b> Open Swim		<b>2:15 - 3:45 pm</b> Open Swim	<b>2:15 - 4:00 pm</b> Open Swim	2:15 - 4:00 pm Adult Only + Private Lessons*
	3:45 - 4:00 - closed			3:45 - 4:00 - closed		
4:00 - 4:15 - closed	4:00 - 6:30 pm			4:00 - 5:15 pm	4:00 - 4:30 - closed	4:00 - 4:15 - closed
4:15 - 5:30 pm	Lessons Only*			Open Swim	4:30 - 6:30 pm	4:15 - 5:30 pm
Adult Only + Private Lessons*				5:15 - 6:30 pm	Open Swim	Open Swim
Trivace Lessons				Lessons Only*		During times
(#) = the number	6:30 - 6:45 - closed			6:30 - 6:45 - closed	6:30 - 6:45 - closed	when no activity is listed on the
in parentheses notes the number of lanes available	<b>6:45 - 8:00 pm</b> Open Swim			<b>6:45 - 8:00 pm</b> Adult Only +	<b>6:45 - 8:00 pm</b> Open Swim	schedule, the pool is closed.
* Indicates that there is a fee to participate.				Private Lessons*		Members must be off the pool deck, but may remain in