



***NO LAPS SWIM M - TH 4:45 - 5:45 pm**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
6:00 AM								6:00 AM
6:30 AM		MASTERS (4) LAPS (2)	LAPS (6)	MASTERS (4) LAPS (2)	RENTAL (3) LAPS (3)	MASTERS (4) LAPS (2)		6:30 AM
7:00 AM								7:00 AM
7:30 AM								7:30 AM
8:00 AM		LAPS (6)	AQUAPOWERS (4) LAPS (2)	LAPS (6)	AQUAPOWERS (4) LAPS (2)	LAPS (6)		8:00 AM
8:30 AM							AQUAPOWERS (4) LAPS (2)	8:30 AM
9:00 AM	LAPS (6)							9:00 AM
9:30 AM				AQUAROBICS (4) LAPS (2)			AQUAROBICS (4) LAPS (2)	9:30 AM
10:00 AM				LAPS (4) OPEN SWIM (2)				10:00 AM
10:30 AM								10:30 AM
11:00 AM	LAPS (4) LESSONS (2)			LAPS (6)			LAPS (4) LESSONS (2)	11:00 AM
11:30 AM								11:30 AM
12:00 NOON								12:00 NOON
12:30 PM				LAPS (4) AQUA STRENGTH (2)			AQUA YOGA (2) LAPS (4)	12:30 PM
1:00 PM								1:00 PM
1:30 PM								1:30 PM
2:00 PM								2:00 PM
2:30 PM	LAPS (4) OPEN SWIM (2)							2:30 PM
3:00 PM				LAPS (4) OPEN SWIM (2)			LAPS (4) OPEN SWIM (2)	3:00 PM
3:30 PM								3:30 PM
4:00 PM				LAPS (4) LESSONS (2)				4:00 PM
4:30 PM								4:30 PM
5:00 PM				STINGRAYS (5) LESSONS (1)			LAPS (6)	5:00 PM
5:30 PM	LAPS (6)					LAPS (4) OPEN SWIM (2)		5:30 PM
6:00 PM				STINGRAYS (5) LAPS (1)				6:00 PM
6:30 PM		RENTAL (3) STINGRAYS (2)	MASTERS (4) STINGRAYS (2)		MASTERS (4) STINGRAYS (2)			6:30 PM
7:00 PM			MASTERS (4) LAPS (2)		MASTERS (4) LAPS (2)			7:00 PM
7:30 PM		RENTAL (3) LAPS (3)		LAPS (4) OPEN SWIM (2)	RENTAL (3) LAPS (3)			7:30 PM
8:00 PM								8:00 PM
8:30 PM								8:30 PM
9:00 PM				LAPS (6)				9:00 PM
9:30 PM								9:30 PM

MJCC RESERVES THE RIGHT TO MODIFY THIS SCHEDULE AS NEEDED